



Survivors of Suicide Support Group

*For those who are healing from the
death of a loved one by suicide*

Sometimes the voice you need to hear when you are grieving is that of someone who has been where you are and who understands first hand what you are experiencing.

Here survivors can find a safe, caring, and accepting environment where one can share experiences and grief with others who are walking the same road. The group plays a vital role in helping survivors cope with grief and make the choice to find new meaning and direction in life.

Dates/Times: 1st and 3rd Wednesdays of the month
5:30 to 7:00 pm

Location: Hospice of Santa Barbara, Inc.
2050 Alameda Padre Serra (APS) Ste. 100 (map on reverse)
www.hospiceofsantabarbara.org

Facilitator: Mary Ransom, MFT
Pre-registration required
Contact Magdalena at 805.563.8820