



**For Immediate Release**

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## **Author Uses Experiences with Grief as Inspiration for Book to Heal Herself and Others**

**Local Writer Pens Book about Her Year of Grieving after the death of her husband**

**Book Signing Event, Hosted by Hospice of Santa Barbara, Gives Book its debut**

**Santa Barbara, CA--***The Sun Will Shine Again, Life Lessons from a Year of Grieving* is Sissy Taran's touching and sometimes funny chronicle of her journey through grief and her unexpected growth and self-discovery following the sudden death of her husband. Told with conversational candor and numerous personal stories—from surviving the holidays to managing home repairs solo—it offers insight and motivation to help anyone, not just those who are grieving, to live life to the fullest and see the sun shine again.

Sissy Taran shares what she has learned about survival and even how to thrive after the loss of her husband in her moving book *The Sun will Shine Again, Life Lessons from a Year of Grieving*. Her story is not only valuable to all of us who will undoubtedly be face with these issues.

“Sissy’s book will help those who are struggling with loss—especially the loss of a spouse. Her funny insights and touching experiences serve as a valuable resource to anyone reading *The Sun Will Shine Again*,” said Gail Rink, Executive Director of Hospice of Santa Barbara

The community is invited to a book signing and wine and Cheese reception for *The Sun Will Shine Again* By Sissy Taran on Sunday, February 10, 2008 2-4 pm at the Congregation B'nai B'rith, 1000 San Antonio Creek Road, Santa Barbara

Introduction by Gail Rink, Executive Director of Hospice of Santa Barbara, Q&A with Sissy Taran and Rabbi Steve Cohen Special guests include Congresswoman Lois Capps Attendance is free, RSVP requested to 563-8820

To purchase the book, please visit [www.thesunwillshineagain.com](http://www.thesunwillshineagain.com).

Hospice of Santa Barbara, Inc., a volunteer Hospice organization, focuses on the patient and family as the unit of care, regardless of the patients' diagnosis, treatment choices or life expectancy. Our mission is **to provide care to anyone experiencing the impact of a life threatening illness, or grieving the death of a loved one**. Emphasis is placed on the emotional, social and spiritual needs of those we counsel. We believe our **free** supportive, compassionate care is Hospice of Santa Barbara's greatest resource to the communities of Santa Barbara, Goleta, Carpinteria, Summerland and Montecito.

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